



**ADVENTURES AND
EXPERIENCES
IN NATURE**



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Images: Roope Juhani Niemi

(front and back covers and pages: 2, 4, 6 and 9)

valokuvaajaniemi.weebly.com

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In youth work, environmental education promotes a more sustainable way of life, with the aim of respecting nature.

EXPERIENCES IN NATURE ENVIRONMENTAL DEEDS INSPIRATIONS

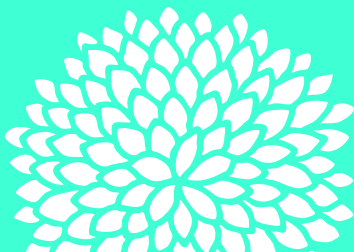
These are the building blocks of our own relationship with nature.

**Come and try something new,
or just explore our different locations!**

THE FLOWER MODEL – KUKKIS – FOR ENVIRONMENTAL EDUCATION

The objective of environmental education is promoting a global attitude of respecting nature, which develops through personal and significant nature experiences, activities and awareness. The environmental education Flower Model (Kukkis) provides more information and tips for those working with young people.

kukkamalli.munstadi.fi



Meriharju nature house & Uutela cabin

Meriharju's wooden villa dates back over 100 years, and can accommodate camp and course activities for 40 people. The area is also home to Uutela cabin, which can accommodate nine people. Our facilities are available for use by youth groups and organisations. We also organise environmental education related experiential activities for youth groups and school classes at Meriharju. Our objective is to create a close relationship with nature and strengthen environmental awareness.

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✦ 60.19 N, 25.18 E (Uutela Cabin)

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luontotalo.munstadi.fi/english/

 Meriharjun Luontotalo

 meriharjun_luontotalo





Östersundom camp centre


Our environmentally-friendly Camp Centre can accommodate 40 people. Our facilities are available for use for camp and course activities for youth groups, youth organisations, and associations. The facilities are also home to a small, open youth space, where young people can spend their free time. Sipoonkorpi National Park, which is located close by, offers fantastic opportunities for hiking and outdoor activities. The facilities also feature a lending centre for hiking equipment.

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ostersundom.munstadi.fi/in-english/

Ostersundom.leirikeskus@hel.fi

 Östersundomin leirikeskus

Adventure house

Adventure House, located at Villa Barrdoft, can accommodate 12 people overnight. We support youth group activities by offering our expertise, facilities, and equipment for the organisation of adventure activities. Adventure House specialises in adventure education activities for young people, with the objective of increasing trust within the group and practising group decision making. At the House, we can provide different indoor and outdoor exercises for organising activities.

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 Seikkailutalo





Granö camping island

At Granö Camping Island in the Sipoo archipelago, we offer opportunities for various different camp and adventure activities. Indoors, there is overnight accommodation for approximately 12 people, whilst there is an abundance of space for tents outdoors. The facilities can be booked for youth groups, youth associations and school groups. The Granö area offers opportunities for excursions out into nature, and kayaks, rowing boats and canoes are also available for groups to use. The area also features a sauna, campfire spot, and a lean-to shelter.

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Tel. 09 310 716 50

grano.munstadi.fi/in-english

grano@hel.fi

 Granön Leirialue



Vartiosaari summer activity centre

Furubacka – the main building in the Vartiosaari camp area – can accommodate 12 people inside but there are also tent places outside. Visitors can organise a range of different camps and events in the area. The island also offers hiking and paddling opportunities, as well as sauna time in a floating sauna and the chance to enjoy the view of the rocky scenery. Our camp area is intended for use by youth organisations, youth groups, and residents.

Contact information:

Transportation pier: Reposalmentie 1
00840 Helsinki
Tel. 09 310 716 68
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[vartiosaari.munstadi.fi /in_english](http://vartiosaari.munstadi.fi/in_english)
vartiosaari@hel.fi

 Vartiosaaren kesätoimintakeskus

Laajasalo youth centre

At Laajasalo Youth Centre, we aim to take an environmentally friendly approach to all elements of everyday life, and it is on this basis that we plan and develop open youth centre and small group activities. The Youth Centre's facilities can be booked for youth groups, youth organisations and associations. The Centre is also home to a youth peer instructor group. Come and explore the diverse range of hobby opportunities we have to offer!

Contact information:

Koulutanhua 2 B 00840 Helsinki

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laajasalo.munstadi.fi/about-us/

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 Laajasalon nuorisotalo

 laajasalonnutta

 laajasalonnutta





Bengtsår camping island

Bengtsår Camping Island – also known as Benkku – is a popular choice amongst youth centres and organisations, as well as other departments. Our camping island is located to the north of the Hanko Peninsula, approximately 120 kilometres to the south-west of Helsinki. Benkku features fantastic terrain for hiking and a beach sauna, as well as a variety of opportunities for paddling, environmental education, adventure, exercise, and learning different skills.

Contact information:

Bengtsår 920

10900 Hanko

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✦ 59.89 N, 23.11 E

benkku.munstadi.fi

bengtsarin.leirisaari@hel.fi

 Bengtsårin Leirisaari

Paulig villa

Paulig Villa, located in Töölö, is a facility for organisations, housing the Uusimaa branch of the Finnish Nature League, the Helsinki branch of Friends of the Earth Finland, and the metropolitan area branches of the Finnish 4H Federation. In addition to the organisational facilities, the Villa also has two reception-room sized halls, a small meeting room, and a kitchen that can be rented out by youth groups, organisations and schools. The ground floor of the Villa is home to Wempaimisto hiking equipment lending centre.

Contact information:

Mechelininkatu 36

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 Pauligin huvila



Kumpula School Garden

Kumpula School Garden has served as a favourite summer spot for the children and young people of Helsinki since the 1920s. We provide a range of courses for young people in everything from art to farming activities, as well as events and opportunities for voluntary work. We organise guided visits for schools and summer camps for children. Summer café Utopiha is open to all. The Gardening Association for Children and Youth and the City of Helsinki's Youth Department are responsible for the running of the Garden.

Contact information:

Vähänkyröntie 3 and 6

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 Kumpulan koulukasvitarha

 kumpulan_koulukasvitarha





Fallkulla Domestic Animal Farm

Fallkulla Domestic Animal Farm is the perfect destination for all animal lovers and those who enjoy the rural life. At the farm, young people aged 9–17 years old can, with guidance, look after sheep, pigs, goats, ducks, horses and other animals. Furthermore, visitors can also get involved in different kinds of cowshed, yard and garden work, as well as various handicrafts. Fallkulla's premises can be booked for use by youth organisations, associations and groups.

Contact information:

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 Fallkullan kotieläintila

 fallkullaofficial

Luuppi Jewellery Workshop

Luuppi Activity Centre's Jewellery Workshop focuses on vanishing handicrafts. The materials used at the workshop are silver and various stones. We work with schools through geologically-focused lessons, where the main themes are the finite nature of resources and the uniqueness of our planet. We provide similar environmental education through the jewellery workshop and at our open crafts workshop activities. Come and find out more!

Contact information:

Ostoskuja 4

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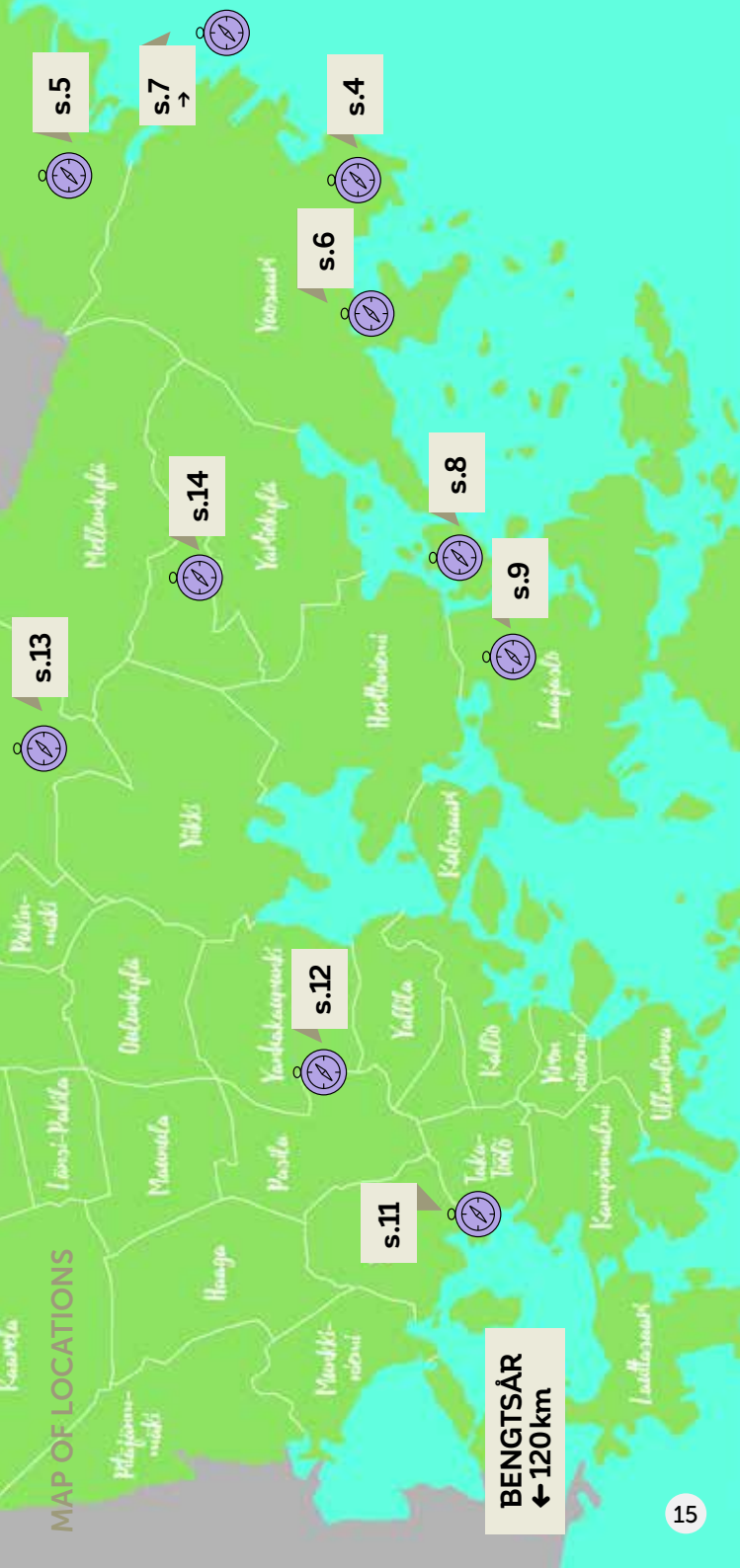
(only available in Finnish)

luuppi.munstadi.fi/puupaja/

 luupinkorupaja



MAP OF LOCATIONS



s.5

s.7
→

s.4

s.6

s.14

s.8

s.9

s.13

s.12

s.11

BENGTSÅR
← 120 km



munstadi.fi

Ruuti.

Harrastushaku.fi



SUOMEN
LUONNON
PÄIVÄ